

Where to eat?

Ruhr-Universität Bochum offers several smaller cafeterias and two larger canteens on campus. The options closest to the short course venue (Building IA) are listed below and depicted on the provided Campus map and the directions guide with highlighted food options.

RUB-Mensa and Rote Beete:

The main canteen, **RUB-Mensa**, offers a variety of daily changing hot meals and salads. On the top level, you will also find **Rote Beete**, a fully vegan bistro. Accepted payment methods: debit card or credit card; no cash payments.

Menu and opening hours for RUB-Mensa: <https://www.akafoe.de/essen/mensen-und-cafeterien/speiseplan/a0f40678-5e86-4ae4-9ff1-ae1e9e25934b>

Menu and opening hours for Rote Beete: <https://www.akafoe.de/essen/mensen-und-cafeterien/speiseplan/a0f4067a-78d2-42c2-a3de-1006cf571dea>

Q-West:

The **Q-West** canteen offers a smaller selection of daily changing hot meals and salads. Accepted payment methods: debit card or credit card; no cash payments.

Menu and opening hours: <https://www.akafoe.de/essen/mensen-und-cafeterien/speiseplan/a0f40678-ac6b-4b31-a37b-7f0e4b5eb188>

IA Cafeteria:

The **IA Cafeteria** is located on level 01, just one flight of stairs from the short course venue. This small cafeteria offers a variety of snacks as well as hot and cold beverages. Accepted payment methods: debit card or credit card; no cash payments.

Uni-Center:

If you do not find anything suitable on campus, you can also check the food court at the nearby Uni-Center. The centre also hosts a variety of shops, including grocery stores, a pharmacy, and a drugstore. <https://uni-center-bochum.de/>